

# THE SCOOP

FAMILY PROMISE OF WAKE COUNTY'S NEWSLETTER

HAPPY  
THANKSGIVING!



## TAKE A PEEK!

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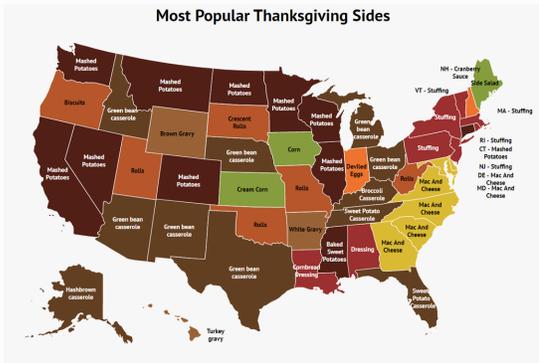
## DIRECTOR'S CORNER

SCOTT FERRIS

### GRATITUDE!

It is often said that whatever you focus on grows larger. That is true of our fears, hopes, dreams, offenses, mistakes and blessings. As we look forward to safely celebrating Thanksgiving with our families and friends this Fall, we at Family Promise of Wake County are focusing on our gratitude. We are so appreciative of how supportive and caring that you, our volunteers, supporters and donors have been when it comes to carrying for those less fortunate than ourselves. Even more so during this unprecedented time of the past two years. Our families are continuing to experience successful outcomes at the same and sometimes higher level than they were prior to the pandemic. We would not be able to assist families in finding permanent housing solutions without you! We are so thankful for your support. We wish you a blessed and safe holiday.

# AFFORDABLE RECIPE(S) OF THE MONTH



**#1 side for Thanksgiving in NC ...  
BAKED MAC N CHEESE!**



## Ingredients:

- 16 oz elbow macaroni, cooked (or other tubular pasta)
- 1 tbsp extra virgin olive oil
- 6 tbsp unsalted butter
- 1/3 cup all purpose flour
- 3 cups whole milk
- 1 cup heavy whipping cream
- 4 cups sharp cheddar cheese shredded
- 2 cups swiss cheese shredded
- salt and pepper to taste
- 1 1/2 cups panko crumbs
- 4 tbsp butter melted
- 1/2 cup Parmesan cheese shredded
- 1/4 tsp smoked paprika (or regular paprika)

## Directions:

1. Preheat oven to 350F. Lightly grease a large 3 qt or 4 qt baking dish and set aside. Combine shredded cheeses in a large bowl and set aside.
2. Cook the pasta one minute shy of al dente according to the package instructions. Remove from heat, drain, and place in a large bowl.
3. Drizzle pasta with olive oil and stir to coat pasta. Set aside to cool while preparing cheese sauce.
4. Melt butter in a deep saucepan, dutch oven, or stock pot.
5. Whisk in flour over medium heat and continue whisking for about 1 minute until bubbly and golden.
6. Gradually whisk in the milk and heavy cream until nice and smooth. Continue whisking until you see bubbles on the surface and then continue cooking and whisking for another 2 minutes. Whisk in salt and pepper.
7. Add two cups of shredded cheese and whisk until smooth. Add another two cups of shredded cheese and continue whisking until creamy and smooth. Sauce should be nice and thick.
8. Stir in the cooled pasta until combined and pasta is fully coated with the cheese sauce.
9. Pour half of the mac and cheese into the prepared baking dish. Top with remaining 2 cups of shredded cheese
10. In a small bowl, combine panko crumbs, Parmesan cheese, melted butter and paprika. Sprinkle over the top and bake until bubbly and golden brown, about 30 minutes. Serve immediately.

# PROGRAM UPDATES & SHOUTOUTS

## 2022 UPDATES:

FPWC held two Town Hall meetings this month to provide updates and have discussions about 2022 with host coordinators. Important information shared:

- **FPWC will have TWO Tracks for hosting in 2022**
  - **Rotational Track will be hosted off-site at scheduled congregations**
  - **Static Track will be hosted at FPWC in ES Units and supported by scheduled host congregations**
- **FPWC will create an engagement calendar and post it on our website, providing opportunities for volunteers to engage with families both during and outside of host timing onsite at FPWC. Activities such as: game night, movie night, craft night, BBQs, etc will be part of the scheduled programming and provide a GREAT option to build relationships with and continue to support our families in a fun way!**

FPWC is still has a few opening on the 2022 calendar in the STATIC Track for congregations, companies, and/or civic groups to help host families in 2022. Please reach out to Carey at [devvolmgr@familypromisewake.org](mailto:devvolmgr@familypromisewake.org) with questions or to sign up.

## FAMILY PROMISE WEEK RESULTS:



**Thank you for all of your generous donations! FPWC raised \$30,000 during #FamilyPromiseWeek2021, placing us #2 in the country!**