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THE SCOOP

FAMILY PROMISE OF WAKE COUNTY'S MONTHLY NEWSLETTER

TAKE A PEEK!

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DIRECTOR'S CORNER

SCOTT FERRIS

ON FEBRUARY 15TH & 16TH, FWPC WAS HONORED TO HOST THE FIRST IN-PERSON MEETING FOR THE SOUTHERN FAMILY PROMISE REGIONAL AFFILIATES. TEN AFFILIATES TOTALING MORE THAN 30 PEOPLE INCLUDING BOARD MEMBERS, VOLUNTEERS, AFFILIATE LEADERSHIP, CASE MANAGERS AND INTERNS TRAVELED TO RALEIGH FROM AS FAR AS TENNESSEE, KENTUCKY, VIRGINIA, SOUTH AND NORTH CAROLINA. WE TREATED OUR GUESTS TO A TOUR OF OUR CAMPUS, AND WE ALSO SOLICITED THEIR INPUT FOR CREATIVE PROGRAMMING IDEAS AS WE LOOK TO TRANSITION OUR DAY CENTER INTO A FAMILY RESOURCE CENTER IN THE NEAR FUTURE. (IF YOU HAVE IDEAS THAT YOU WOULD LIKE US TO CONSIDER FOR INCLUDING IN OUR CENTER, SUCH AS ONSITE BEHAVIORAL HEALTH, FOOD PANTRY, ETC., PLEASE LET US KNOW!)

DURING THE MEETING, ATTENDEES WE MOVED BY PRESENTATIONS FROM NOTE IN THE POCKET'S CEO DALLAS BONAVITA AND THEIR INCREDIBLE PASSION AND EFFORT IN CLOTHING FAMILIES AND HOW TO START A PROGRAM IN THEIR AREA, GOOD SHEPHERD LUTHERAN CHURCH'S PASTOR RICHARD GOERES AND THEIR FP COORDINATOR ART PFEFFERLE PRESENTED ON CREATING STRONG CHURCH PARTNERSHIPS AND ENGAGING OUR FAITH PARTNERS – POST COVID, AND FAMILY PROMISE OF DAVIE COUNTY'S FIRST PROGRAM GRADUATE, KENYAL BRASWELL, PRESENTED ON HER EFFORTS TO FORM A NORTH CAROLINA GUEST ADVISORY COUNCIL. ADDITIONALLY, AFFILIATES HELD A "STEAL THIS BEST PRACTICE!" SESSION WHERE SUCCESSFUL FP PROGRAMS WERE SHARED AMONG AFFILIATES FOR THEM TO TAKE BACK TO THEIR TEAMS. ALL ATTENDEES LEFT THE EVENT FEELING REFRESHED AND ENERGIZED FOR THE WORK AHEAD.

THANK YOU TO FPWC BOARD MEMBER CHARLES GEORGE FOR PROVIDING US WITH THE USE OF WYRICK AND ROBBINS CONFERENCE ROOM FOR OUR DAY #2 MEETING. YOU HELPED US TO SET A HIGH BAR FOR THE QUARTERLY REGIONAL MEETINGS TO FOLLOW.

AFFORDABLE RECIPE OF THE MONTH

CLASSIC MEATBALLS ($0.64/SERVING)

INGREDIENTS:

- 1lb lean (at least 80%) ground beef
- 1/2cup Progresso™ Italian-style bread crumbs
- 1/4cup milk
- 1/2teaspoon salt
- 1/2teaspoon Worcestershire sauce
- 1/4teaspoon pepper
- 1small onion, finely chopped (1/4 cup)
- 1egg

DIRECTIONS:

- Heat oven to 400°F. Line 13x9-inch pan with foil; spray with cooking spray.
- In large bowl, mix all ingredients. Shape mixture into 24 (1 1/2-inch) meatballs. Place 1 inch apart in pan.
- Bake uncovered 18 to 22 minutes or until temperature reaches 160°F and no longer pink in center.
- EAT AND ENJOY!

BLACK HISTORY Spotlight

"WHEN THIS ENDS, WE'LL SMILE SWEETLY, FINALLY SEEING IN TESTING TIMES, WE BECAME THE BEST OF THINGS."

–AMANDA GORMAN

IN LOCAL NEWS:

HISTORY RIGHT WHERE YOU ARE

During the late 1800s and early 1900s, Durham's Black Wall Street housed a vibrant and successful variety of Black-owned businesses. A set of four blocks on Parrish Street, Black Wall Street served as a hub for Black Americans and was a thriving commercial area with tailors, barbers, drugstores and more. The success of Black Wall Street was fueled by the efforts of two businesses that remain today: NC Mutual Life Insurance Company and Mechanics & Farmers Bank.Today, NC Mutual Life Insurance Company is the largest Black-owned insurance business in the world. M&F Bank is the second oldest minority-owned bank in the United States and was also the first Black-owned bank in Durham.

RALEIGH, NC

Raleigh is home to the South's first Historically Black College or University (HBCU), Shaw University.

SHAW UNIVERSITY

The University was founded in 1865 by Henry Martin Tupper, a native of Monson, Massachusetts, a soldier in the Union Army during the Civil War, and a graduate of Amherst College and Newton Theological Seminary.
Shaw boasts many "firsts": the first college in the nation to offer a four-year medical program, the first historically Black college in the nation to open its doors to women, and the first historically Black college in North Carolina to be granted an "A" rating by the State Department of Public Instruction. Dr. Paulette Dillard currently serves as the University's 18th President.

Other NC HBCUs
NC A&T
- NC Central University
- Winston Salem State
- Fayetteville State
- Johnson C. Smith

Elizabeth City State
Livingstone College

THE MECCA OF THE BLACK SOUTH: BLACK WALL STREET

Founded in 1907 by nine Durham community builders and leaders, Mechanics and Farmers Bank, known today as M&F Bank laid the foundation for Black Wall Street in downtown Durham. At a time when African Americans did not have access to white-owned banks, Mechanics and Farmers Bank provided a secure place for depositors to accumulate wealth, a place sensitive to the needs of the Black community, and a place committed to helping the community become self-supporting. Built in 1923 by Calvin Lightner, Raleigh's branch opened on Black Main Street. It was one of the only banks in Raleigh that did not fail after the stock market crash of 1929. M&F Bank still occupies the same building today, although it has been remodeled and is unrecognizable from its original appearance. M&F Bank is North Carolina's oldest Black-owned bank and is the second oldest minority-owned bank in the United States.

JUST AROUND THE CORNER: BLACK MAIN STREET

Black Main Street emerged as a commercial district in Downtown Raleigh in the 1910s and 1920s on East Hargett Street between Fayetteville Street and Blount Street. This two-block area developed as racial segregation practices became more common, forcing Black-owned businesses to relocate to East Hargett Street. Black Main Street would evolve into the epicenter of Black business and life in Raleigh. At its height, Black Main Street was home to 50+ Black-owned businesses namely medical offices, law offices, a hotel, restaurants, barbershops, and retailers.

As desegregation advanced, Black-owned businesses on East Hargett Street began relocating to other parts of Wake County. At the same time Black customers gained the ability to shop in other parts of Raleigh. By the 1960s, Black Main Street experienced a decline as suburban shopping centers grew in popularity resulting in businesses leaving the commercial district and buildings being lost to urban renewal. The legacy of Raleigh's Black Main Street continues today as more Black-owned businesses open and thrive in downtown Raleigh.

INVESTING IN THE CULTURE: MECHANIC & FARMERS BANK

FROM MAIN STREET TO THE MAYORS OFFICE

Calvin Lighter was an architect, building contractor, and Raleigh's first Black licensed mortician. Mr. Lightner designed and constructed commercial buildings in Durham, throughout Raleigh and along Black Main Street including the 1919 Lightner Office Building and the 1921 Lightner Arcade and Hotel. His investments and influence attracted more Black-owned businesses to East Hargett Street making it a destination for Black business and life. In 1919, Mr. Lightner ran for Raleigh City Council alongside two other prominent black men, Dr. M.T. Pope and Lt. L.B. Capeheart Jr. in an effort to seek increased opportunities for Raleigh's Black community. The trio did not win the election but in 1967, Mr. Lightner's son Clarence Lightner was elected to the Raleigh City Council and in 1973, became Raleigh's first Black mayor.

"Peace and blessings manifest
with every lesson learned
If your knowledge were your wealth,
then it would be well-earned
If we were made in his image,
then call us by our names.
Most intellects do not believe in God
but they fear us just the same"

-Erykah Badu (On & On]

BLACK HISTORY Spotlight

BLACK ENTERTAINMENT HISTOTY: THE FIRSTS EDITION

Awarding Winning Firsts

Harry Belafonte

The King of Calypso was one of the few entertainers who could transcend the racial tension of the 1960s, and in 1960 he was the first African-American to ever win an Emmy.

Ella Firtzgerald & Count Baise

African-American artists have been making history at the GRAMMYs since the awards were first presented on May 4, 1959. Ella Fitzgerald and Count Basie each took home two awards that night.

Hattie Mc Daniel

Hattie won the Academy Awards for Best Supporting Actress, for her role as Mammy in Gone with the Wind in 1940. Though Hattie won she had to accept her award separate from others, as black were not allowed in the Ambassador Hotel where the awards were being held.

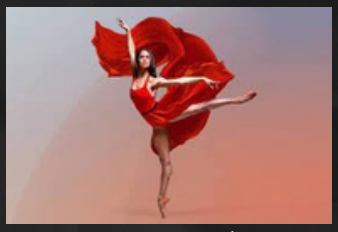
George Faison

Faison is a celebrated producer, writer, composer, director, choreographer and dancer. He made history in 1975 when he became the first African American to win a Tony Award for Best Choreography for "The Wiz"

A man of Many Firsts: Egbert Austin "Bert" Williams

"Bert" Williams was born in New Providence, Nassau on November 12, 1874. Throughout his career Williams achieved many firsts. In 1901, he became the first African American to become a best-selling recording artist. In 1902, he became an international star with his performance in the show In Dahomey, the first black musical to be performed on Broadway. Also, in 1910 Williams became the first black actor to be regularly featured in a Broadway revue when he joined the Ziegfeld Follies, and he eventually claimed top billing for the show.

Ballet ... but black: Misty Copeland



Born in Kansas City, Missouri and raised in San Pedro, California. Misty Copeland began her ballet studies at the late age of thirteen. In 2015 Misty Copeland made ballet history when she became the first Black woman to ever be promoted to principal dancer with the American Ballet Theater. It was a groundbreaking moment for the company, which is considered the crème de la crème of the ballet world, and for Black dancers everywhere.

BLACK HISTORY Spotlight

"We are all one – and if we don't know it, we will learn it the hard way."
–Bayard Rustin

LGBTQ+BLACK: BLACK HISTORY THROUGH A RAINBOW LENSE

Lorraine Hansberrry
1930–1965

Hansberry was an activist and playwright best known for her groundbreaking play "A Raisin in the Sun," about a struggling Black family on Chicago's South Side. After the play's release, Hansberry became the first Black playwright and youngest American to win a New York Critics' Circle Award. "A Raisin in the Sun," named after a line in Langston Hughes' poem "Harlem: A Dream Deferred," opened at New York City's Ethel Barrymore Theatre in March 1959, becoming the first play written by an African American woman to be produced on Broadway. The iconic work was then made into a 1961 film starring Sidney Poitier and Ruby Dee.

Andrea Jenkins
Born 1961

Jenkins made history in November 2017 by becoming the first openly transgender Black woman elected to public office in the U.S., according to LGBTQ advocacy groups and researchers.

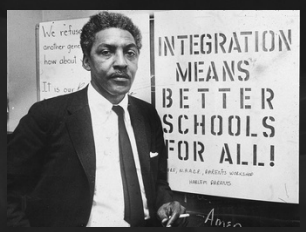
Barbara Johnson
1936–1996

Jordan, a civil rights leader and attorney, became the first African American elected to the Texas Senate in 1966, and the first woman and first African American elected to Congress from Texas in 1972. Jordan was awarded the Presidential Medal of Freedom by Bill Clinton in 1994 for her work as a political trailblazer. While Jordan never explicitly acknowledged her sexual orientation in public, she was open about her life partner of nearly 30 years, Nancy Earl.

Marsha P. Johnson
1945–1992

Marsha P. Johnson – who would cheekily tell people the "P" stood for "pay it no mind" – was an outspoken transgender rights activist and is reported to be one of the central figures of the historic Stonewall uprising of 1969. Along with fellow trans activist Sylvia Rivera, Johnson helped form Street Transgender Action Revolutionaries (STAR), a radical political organization that provided housing and other forms of support to homeless queer youth and sex workers in Manhattan. She also performed with the drag performance troupe Hot Peaches from 1972 through the '90s and was an AIDS activist with AIDS Coalition to Unleash Power (ACT UP).

Bayard Rustin
1912–1987



Rustin was an LGBTQ and civil rights activist best known for being a key adviser to Reverend Martin Luther King Jr. He organized the 1963 March on Washington. On February 3, 1964, Rustin organized "the largest civil rights demonstration" with more than 400,000 people in New York boycotting of public schools to protest their de facto segregation. Worth adding, newspapers reported the event to be absent of complete absence of violence or disorder from the protesters.
While Rustin was a driving force for equality, it did not come welcomed with open arms, doing a few stints in jail. The most outrageous instance came in 1953, when he was sentenced to 60 days in jail for being openly gay.

BLACK HISTORY Spotlight

"I have learned that success is to be measured not so much by the position that one has reached in life as by the obstacles which he has overcome while trying to succeed."

–Booker T. Washington

"Hold fast to dreams, for if dreams die, life is a broken-winged bird that cannot fly."

– Langston Hughes

"IF YOU CAN THINK IT, YOU CAN DO IT": BLACK INVENTORS

Elevator – Alexander Miles – 1867

Fire Extinguisher – T. J. Marshall – 1872

Stove – T. A. Carrington – 1876

"Never be limited by other people's limited imaginations."

–Dr Mae Jemison
First Black Female Astronaut

Door Knob – O. Dorsey –1878

Mop – Thomas B. Stewart – 1883

Guitar – Robert F. Fleming Jr. – 1886

"Change will not come if we wait for some other person or some other time.
We are the ones we've been waiting for.
We are the change we seek."

–Barack Obama

Ice Cream Scoop – A. L. Cralle – 1887

Ironing Board – Sarah Boone – 1887

Refrigerator – J. Standard – 1891

Clothes Dryer – G. T. Sampson – 1892

Peanut Butter – George Washington Carver – 1896

Pencil Sharpener J. L. Love – 1897

"Almost always, the creative dedicated minority has made the world better"

–Martin Luther King Jr.

Bicycle Frame – I. R. Johnson –1899

Straightening Comb – Madam C. J. Walker –1905

Traffic Light – Garrett Morgan – 1923

Mail Box – Paul B. Downing – 1939

Air Conditioning Unit – Fredrick Jones – 1949

Thermostat Control – Fredrick M. Jones – 1960

Home Security System – Marie van Brittan – 1966

Tissue Holder/Box – Mary Kenner – 1980s

Where would we be, without great black minds?

THE MONTH IN PICTURES

FPWC Giving a Tour to Regional Guests

Learning about Guest Advisory Council

Board DEIA Training